





# Message from the Executive Director

### Dear friends and supporters,

As I sit down to reflect on 2024, my heart is full. This year at Hamro Palo has been nothing short of extraordinary, a year shaped by growth, learning, and deep human connection.

We reached new places and met new faces, expanding our programs to districts we hadn't worked in before. And with every initiative, conversation, and story, I was reminded why we do what we do. It's the courage in a girl's voice as she speaks up for the first time. It's the laughter shared in a circle of peers discovering their own strength. It's the firm belief that every adolescent, no matter where they come from, deserves the chance to thrive.

But I'll be honest. There were times this year when I felt frustrated and even doubted some of our interventions. Our work is challenging, and progress can be slow. Often, the obstacles we face are so overwhelming that they overshadow the achievements we should be celebrating. Yet even in those moments, I've found strength in the resilience of the adolescents we serve and in the quiet, steady dedication of our team.

None of this would have been possible without you, our partners, supporters, and friends. Your trust has fueled our work, and your support has amplified the voices of so many adolescents. I am deeply grateful for every message, every word of encouragement, and every step you've taken alongside us.

To the adolescents we work with, you continue to inspire me every single day. Your resilience, dreams, and commitment to change push us to do better and be better. And to my team at Hamro Palo, thank you for showing up with heart, every single day.

As we close the year, I feel a strong sense of hope. We still have a long road ahead, but I know we'll keep walking it with courage, with compassion, and with each other. Thank you for being a part of this journey. You are truly a part of the Hamro Palo family.

With appreciation,
Anita Thapa
Executive Director

# Table of Contents

ABOUT US	3
IMPACT & DATA	4
PROGRAM HIGHLIGHTS	8
FEATURE STORY	21
FINANCIAL SUMMARY	24
CHALLENGES & LESSONS LEARNED	25
ACKNOWLEDGEMENT	27

# **About Us**

Hamro Palo (Our Turn in Nepali) is a non-government organization established in early 2016. Before the registration, Hamro Palo had been running Her Turn workshops in schools in remote and rural villages of Gorkha and Sindhupalchok districts under fiscal sponsorship of like-minded organizations.

Hamro Palo's mission is to empower adolescent girls, boys and women and equip them with skills and knowledge that allow them to create their own safe and healthy futures. We do so by delivering culturally sensitive services that advance adolescents' health, safety, confidence, and leadership skills.

We envision Nepali girls having access to education and information and having an equal say in their schools, in their families, in their communities, and in their country. We want girls to live in the world where they realize their potential as community members and change makers.



# Impact & Data

In 2024, Hamro Palo expanded its reach within existing districts and into new areas, including Nuwakot, Dhading, Sindhupalchowk, Dolakha, and Kathmandu, engaging with additional municipalities and rural municipalities. We continued to implement our flagship initiatives—the Her Turn Education and Empowerment Program and the His Chance Education and Empowerment Program—for rural adolescent girls and boys in Dhading, Sindhupalchowk, Nuwakot, and Dolakha.

This year also marked the launch of a new initiative: Sexual and Reproductive Health and Rights (SRHR) programming in community schools across Kathmandu. In addition to these programs, we created accessible and inclusive opportunities for young women and men through initiatives such as the Young Women Leadership Collective, trainings, symposiums, traineeships, and mentorship programs.



2024 in Review	
Districts	5
Rural/Municipalities	6
Community Schools Partnerships	22
Adolescent Girls	932
Adolescent Boys	296
Young People	342

# Impact & Data

In 2024, Hamro Palo expanded its reach within existing districts and into new areas, including Nuwakot, Dhading, Sindhupalchowk, Dolakha, and Kathmandu, engaging with additional municipalities and rural municipalities. We continued to implement our flagship initiatives—the Her Turn Education and Empowerment Program and the His Chance Education and Empowerment Program—for rural adolescent girls and boys in Dhading, Sindhupalchowk, Nuwakot, and Dolakha.

- Girls are becoming increasingly valued and visible in discussions at home, in schools, and within their communities. Many have expressed that they now feel heard and respected.
- The importance of girls' human rights is gaining traction in public discourse, media, and policy conversations, thanks in part to the collective efforts of various organizations.
- Menstrual restrictions and harmful practices, such as child marriage, are no longer as hidden or normalized as they once were. Communities are more open to discussing these issues, particularly the long-term impacts on girls' education, health, and overall well-being.
- Graduates of our programs often report increased confidence and a stronger sense of agency. They speak up when something feels amiss, support their peers, and view themselves as leaders—not in the distant future, but right now.
- We have witnessed girls challenging harmful norms by refusing early marriage, advocating for their right to remain in school, and educating others on health, safety, and reproductive rights.
  - Boys and young men are also getting involved, asking questions, supporting their sisters, and participating in conversations about equality. This marks a significant shift from previous years when gender issues were often considered "girls' topics."

# Impact & Data

In 2024, we not only continued our flagship programs but also introduced new initiatives and engaged young men and women through a range of activities across various districts of Nepal.

### **ACTIVITIES**

**In School Programs** 

In School Programs Alumni

**Teachers Training & Meet** 

**Adolescents Led Committees** 

**Mentorship Program Participants** 

**Celebrations & Advocacy Initiatives** 

### **TOTAL REACH**

71 Workshops

1228 Graduates

77 Teachers

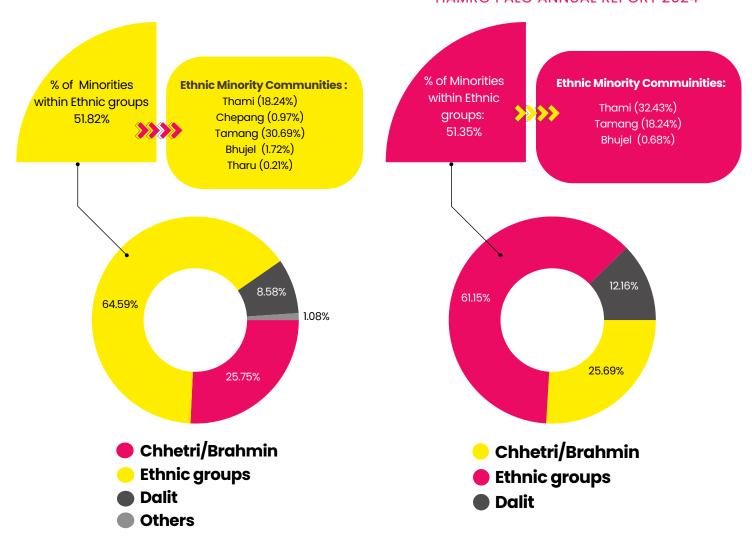
**30 Committees** 

902 Participants

20 Initiatives

Rooted in our Gender Transformative and Inclusive Approach, we made deliberate efforts to reach the most marginalized groups and also the underserved regions. This 2024, we had the opportunity to work closely with adolescent girls and boys who come from diverse ethnicities and communities. The data below shows the ethnic composition of adolescent girls and boys from our in school workshops- Her Turn Education and Empowerment Program, His Chance Education and Empowerment Program and SRHR workshops.





# **Adolescent Girls**

# **Adolescent Boys**



# **Program Highlights**

# A. Our Flagship Programs in Action

# Her Turn Education and Empowerment Program

In 2024, with the expansion of the working areas to new districts, Dhading, Nuwakot, Dolakha and Sindhupalchowk, we continued to work with rural adolescents girls aged 12-16 years in community schools through 15 days long in-school workshops.

We welcomed a total of 882 adolescent girls from 41 workshops in our ever growing Her Turn community. Through this, we worked directly with 21 community schools across various municipalities and rural municipalities in the four districts. The workshops were facilitated by the young local women who come from the same communities as the girls. Prior to the workshop, the trainers received a comprehensive Training of Trainers (ToT). We are deeply grateful to a total of 82 local young women who stepped into the role of trainers, providing guidance and mentorship to the girls during and beyond the workshops.



The Her Turn workshop focused on educating, empowering, and equipping the girls with the knowledge of basic health issues such as hygiene, menstruation, and nutrition, safety issues such as domestic violence, sexual abuse, human trafficking, and early marriage, and also enhancing their leadership skills by providing them with the life skills so that they can take lead in their schools, communities, and families. As the closing ceremony was entirely led by the Her Turn participants, the personal growth and development in their leadership skills could be observed by the end of the workshop. In addition to this, in every school, as a part of the School Safety Project, the girls in every school took the lead in identifying the issues and the needs within the schools, and their ideas were supported. Moreover, in each school, a Girls Support Committee has been formed where adolescent girls discuss issues and collectively create solutions to support other adolescents in their schools and communities.

"I am truly grateful for the opportunity to participate in the workshop, as it allowed me to understand a variety of important topics. One of my key takeaways is the importance of speaking up and taking a stand against bullying and violence, rather than staying quiet. This lesson has empowered me to advocate not only for myself but also for others who may face these kinds of problems. Additionally, the workshop has deepened my understanding of topics like leadership and hygiene, and inspired

me to apply these learnings in my daily life and community."

Ms. Dipa Rasaili, Grade-9, Her Turn Participant, Kakaling Harisiddhi Sec School, Sindhupalchowk

# **His Chance Education and Empowerment Program**

Just as the Her Turn Education and Empowerment Program, His Chance Education and Empowerment Program is one of our core programs provided to the rural adolescent boys aged 12-16 years in community schools across various districts. This year, we were able to conduct 17 in-school workshops, directly working with a total of 296 adolescent boys in 9 different community schools of various districts, Sindhupalchowk, Dolakha and Nuwakot.

The 15 days long His Chance Workshop educated adolescent boys on health issues (puberty, hygiene, menstruation), safety issues (bullying, harassment, human trafficking, early marriage). The workshop is based on a gender transformative approach that encourages in-depth discussions on power dynamics in their communities, how they affect them, and empower boys to become allies in the social change process.

66

"The workshop has deepened my understanding of menstruation, and I believe it is equally important for boys to learn about it so they can support girls in school. I also gained knowledge on important issues like child marriage and foreign employment. I've come to understand the value of prioritizing my education over early marriage, and I now recognize how essential it is to support girls' education and empowerment."

Mr. Bigyan Thami, Grade-9,
 Shree Kshamawati Secondary School,
 Dolakha



# **B. Launching New Initiatives**

### **Girls Travel**

In a patriarchal society, girls' mobility and travel are often restricted and controlled, with concerns ranging from financial barriers and social norms to safety issues. These limitations place a heavy burden on girls, questioning their right to explore and move freely. Recognizing travel as a powerful tool for empowerment, education, and personal growth, we launched Girls Travel, a new initiative introduced this year.

From April 2–5 and November 7–10, 2024, we conducted two cohorts of the Girls Travel Program, engaging 36 adolescent girls from Dhading district. For many, it was their first time traveling beyond their village. In Pokhara, the girls connected with local organizations like Kopila Nepal and Three Sisters Adventure Trekking, sparking interest in careers as trekking guides. The second cohort explored educational and cultural sites including Shikharpur Community Learning Center, Pharping Hydropower Station, Dakshinkali Temple, and Patan Museum—making it a truly enriching travel-learn experience.



# Sexual and Reproductive Health and Rights (SRHR) Workshop

One of our new initiatives this year is the 'मेरो स्वास्थ्य' program, focused on sexual and reproductive health and rights for the girls. Based on the feedback and needs shared by the girls, we introduced this in school workshops in the community schools of Kathmandu. In December 2024, through this four days long program, we were able to directly work with 50 adolescent girls of Shree Bal Byabasayee Kendra Secondary School, Kathmandu.

The workshop educated and empowered girls with comprehensive knowledge, information on sexual and reproductive health and rights. The topics range from menstrual hygiene, unintended pregnancies, sexually transmitted infections, gender based violence, positive sexual health practices. This comprehensive SRHR education empowered girls to not just navigate the physical, emotional and social changes they face during adolescence but also make informed decisions about their bodies, relationships and futures.. These access to right information and tools enabled them to advocate for their rights and foster self confidence and autonomy.



"We should not feel embarrassed or laugh while talking about sexual health, our body parts and contraceptive methods. These topics are important for our health and well-being. Talking openly about these topics help us learn and make better choices for our lives.

Ms. Shahin Praveen, Grade-7,
 Shree Bal Byabasayee Kendra
 Secondary School

# **Teachers' Training**

This year, we introduced an intensive teacher training program for educators from our partner community schools in Sindhupalchowk, Nuwakot, and Kathmandu. The training focused on key issues such as mental health, corporal punishment, gender-based violence, gender sensitivity, and early marriage, while also emphasizing teachers' roles in creating safe, inclusive, and child-friendly learning environments.

### **Annual Teachers Meet**

In December 2024, we hosted our first ever Teachers Meet, bringing together 28 women educators in Dhulikhel from 15 community schools across 5 districts. The meet was intentionally designed as a safe and equitable space exclusively for women educators. Their representation and participation were not only crucial in engaging them in discussions around exploring mentorship approaches to support and mentor girls in the schools, but also in helping them recognize the collective power of women educators to create inclusive and gender sensitive classrooms.



"A feminist is anyone who recognizes the equality and full humanity of women and men."

— Gloria Steinem

# **Young Women Leadership Collective**

In July, we launched the Young Women Leadership Collective (YWLC), a new platform to support young urban women in Kathmandu. Sixteen participants underwent intensive leadership training and co-designed service learning projects focused on girls' rights. Working directly with adolescent girls in schools, they addressed issues like gender-based violence, harassment, SRHR, and teenage pregnancy. YWLC empowered these young women to lead, advocate, and take active roles in shaping change in their communities and beyond.



"It was my first time working closely in a project- from idea generation to the project implementation. This was also my first time stepping into the role of a facilitator, previously I have always been someone who enjoyed staying in the observer side. This new role has made me more confident as a facilitator. I am also very grateful towards my fellow champion for pushing me out of my comfort zone and supporting me throughout."

• Ms. Aachal Khatri, Champion

# C. With and For GirlsRefresher Workshops

As the name of the program suggests, we reconnected with the Her Turn and His Chance graduates after four-six months for Refresher Workshop.

In 2024, we reconnected with 257 Her Turn graduates from five schools in Dhading and Dolakha through refresher workshops. These sessions provided space to reflect on their journey and build essential life skills such as self-awareness, leadership, time management, and critical thinking. Through interactive activities and group discussions, the graduates explored ways to strengthen the Girls Support Committee and School Support Committee, using their collective voices to address issues that affect them and take meaningful action in their schools and communities.

# **Girls Expressive Arts Retreat**

Hamro Palo organized a residential 'Girls Expressive Arts Retreat' in July, 2024 centred around girl leadership at Dhulikhel Village Resort, Dhulikhel. A three day retreat provided an incredible opportunity for the adolescent girls to come together, learn the importance of communication and leadership, discuss the issues that affect them in their community, generate collective solutions and strengthen girl-led movement. There was an active participation of 33 adolescent girls from five schools of Dhunibesi Municipality, Dhading. The retreat served as a learning platform for the adolescent girls where they participated in various group activities, built connections with the girls from other schools, who are committed to self-leadership.

# **Understanding Girls: Facilitation Workshop**

In October 2024, Hamro Palo conducted a one-day Understanding Girls: Facilitation Workshop to equip 20 young women with essential facilitation skills for working with adolescent girls in community schools. Participants from diverse backgrounds learned to lead sessions effectively while creating safe, inclusive spaces to address gender-related issues. Several of them later facilitated refresher workshops with graduates of our Her Turn and His Chance programs in partner schools.



# D. Advancing Girl-led Leadership

# Strategic Planning Workshop with Girls Advisory Board

On February 10–11, 2024, Hamro Palo held a Strategic Planning Workshop in Kathmandu with the Girls Advisory Board (GAB) 2024–2025. Centered on girlled leadership, collective activism, and support, the workshop focused on self-discovery, advocacy, and strengthening girl-led movements. Eleven GAB members from Sindhupalchowk, Kavrepalanchowk, Dhading, and Kathmandu actively participated in capacity-building sessions, visited a feminist library, and reconnected with past GAB members. Their insights were instrumental in shaping future strategies and interventions.

# **Strategic Meeting with Girls**

In September and December, 2024, we conducted strategic meetings with the girls of 10 schools of Dhading and Nuwakot districts in Kathmandu. Through the series of individual, group activity, discussions, skill development workshops, the meeting aimed to equip girls with the skills like leadership, communication, problem solving, confidence building, public speaking essential for girls to help them effectively navigate the challenges and also contribute to their communities and schools as leaders and changemakers. Not only this, the meeting provided an incredible opportunity for the girls to discuss the issues that affect them, generate collective solutions and also support they seek from various levels and strengthen the Girls Support Committee in their respective schools.



# E. The Power within Symposium- Celebrating Nepali Women's Resilience

On 27 April, 2024, The Power Within Symposium- Celebrating Nepali Women's Resilience was conducted that was born out of the recognition that feminism remains an essential and ongoing movement in our society. The symposium shed light on diverse facets of feminism, from its historical roots to its contemporary relevance, and inspiring a new generation of feminists in the commitment to dismantle the patriarchal system and contribute to the feminist movement.

The symposium was filled with the powerful celebration of resilience of Nepali Women, that began with the wonderful keynote speech by Dr. Meena Poudel on urging young minds to lead socio-political transformations in the nation. The symposium consisted of thought provoking discussions around feminism discourse in academia, navigating challenges of women-led organization, and how young women in advocacy as changemakers in their communities. Moreover, the workshop on advancing girl-led leadership encouraged fearless feminists to be a part of leading and advocating girls' issues in various levels. The event provided incredible networking opportunities for the young generation to form meaningful connections with fellow feminists, activists, and allies.



# F. Celebration of Empowerment and Rights International Day of the Girl 2024

On 27 April, 2024, The Power Within Symposium- Celebrating Nepali Women's Resilience was conducted that was born out of the recognition that feminism remains an essential and ongoing movement in our society. The symposium shed light on diverse facets of feminism, from its historical roots to its contemporary relevance, and inspiring a new generation of feminists in the commitment to dismantle the patriarchal system and contribute to the feminist movement.

# International Women's Day- Stories that Inspire: Celebration of Women for All

To mark International Women's Day 2024, Hamro Palo organized an event-'Stories that Inspire: A Celebration of Women for All' on 6th March 2024. With the theme, 'Inspire Inclusion', the event created a celebratory space to amplify stories, experiences of women in all their diversities, recognize various forms of activism and encourage actionable steps to promote inclusion at various levels and within different systems.



### INTERNATIONAL HUMAN RIGHTS DAY

To mark International Human Rights Day and conclude the 16 Days of Activism Against Gender-Based Violence, we hosted a celebration that served as both a tribute to girls' voices and a powerful reminder: Girls' Rights are Human Rights. We emphasized that investing in girls—not just in their education, but in their leadership, safety, and well-being—is not only a moral obligation but also a critical step toward achieving the Sustainable Development Goals.



# **Menstrual Hygiene Day 2024**

Through our various programs, in school workshops and initiatives, we have been advocating for menstrual health and hygiene. This year, we featured and celebrated the stories of girls and women who are breaking stereotypes and challenging stigmas surrounding menstruation in their personal lives, in their schools and the communities.

<u>Here</u> are the stories of leaders who advocate for menstrual health and hygiene. We are deeply inspired by their commitment and drive for social change.

# G. Expanding General Membership



In 2024, we expanded our general membership. From Feb-April, with the objective of providing new members with a comprehensive understanding of our programs, interventions and approach, we conducted several orientation sessions, capacity building programs, strategic meetings involving the team, board and the new general members. These regular engagements fostered a shared understanding about the organizational goals. Moreover, these sessions provided the platform for both the team and also the members to identify individual strengths and areas for improvement, contributing to both personal and organizational growth

# **Feature Story**

# Bimala's Journey to Leadership

Bimala Ale Magar, 15, is a grade 10 student at Shree Maheshdharma Secondary School in Dhading and serves as the Secretary of the Girls Support Committee. In May 2024, she attended the Her Turn Workshop, which became a turning point in her life. Before the workshop, she was unaware of topics like sexual harassment, menstruation, mental health, bullying, and the importance of nutrition.

Afterward, Bimala became more active in her school, educating younger girls on consent, menstrual health, and violence. In July, she traveled alone for the first time from Dhading to Dhulikhel to attend the Girls Expressive Arts Retreat. Nervous but excited, she built teamwork skills, discussed child marriage, and discovered journaling, which she now practices regularly to reflect and improve her writing.

Her journey didn't stop there. A few months later, she traveled to Kathmandu for a meeting of Girls Support Committee members. This time, she felt more confident and independent. What made the experience even more meaningful was encouraging and guiding a friend—who had never traveled alone before, to join her. By supporting her friend, Bimala not only deepened her own leadership but also empowered another girl to step out of her comfort zone. Reflecting on her growth, she shared, "I used to be the girl who lacked confidence to speak up. Today, I have transformed into a confident girl who not

Bimala Ale Magar is a 2024 Her Turn Graduate from Shree Maheshdharma Secondary School, Dhading.

only speaks up for herself but also stands up for others."



# Sushil's Transformation through the Workshop

Sushil Sewa, a 14 year old boy from Sindhupalchok is a Grade 9 student at Shree Sansarimai Secondary School. He is also a member of the School Support Committee.

Before joining the His Chance Workshop in December 2024, Sushil says he was a quiet student. "I used to be shy and didn't speak much in class or take part in school activities," he shares. Through sessions on leadership, confidence, and social issues like child marriage and gender discrimination, Sushil began to feel more confident. He proudly shares, "Now, I participate in various activities in school assemblies and can answer questions in class without fear"

Sushil's confidence grew even more when he participated in the 'Strengthening Girls Advisory Board' program in January 2025 held in Kathmandu. There, he built not just new friendships, but also learned the importance of taking leadership roles and working in a team to solve the problems. "The best part was talking about the issues we face as adolescents. I understood how important it is for adolescents like us to raise our voices and take action," he explains.

Moreover, Sushil has also been educating others like her own younger sister in her family especially about hygiene and nutrition. He believes that Her Turn and His Chance Workshops should continue in many other places as he states, "They give adolescents like me a chance to speak, learn, and grow," he says.

Sushil's journey is a powerful example of how safe, supportive spaces help adolescents realize their potential.

Sushil Sewa is a 2024 His Chance Graduate from Shree Sansarimai Secondary School, Sindhupalchok.



# Sanukanchhi, Finding her voice

Sanukanchhi Syangtan, the youngest of six siblings, often felt her voice was overlooked in a house full of older brothers and one sister. As the youngest, she found that her opinions were often ignored and she didn't always feel confident sharing her thoughts but things started to change when she attended the Her Turn Workshop in February of 2024 while she was studying in grade 9.

During the workshop, Sanukanchhi learned about important topics like menstruation, leadership and empowerment which were subjects she had never discussed openly before. For the first time, she realized that her voice mattered and that she had something valuable to contribute. After the workshop, Sanukanchhi felt empowered to speak up more, starting with her family. She began discussing menstruation and health with her older siblings, sharing what she had learned. Later that year, in November 2024, she had the chance to participate in Girls Travel, which was her first time traveling alone without the guidance of her parents or older siblings. Though she was initially nervous, the encouragement from her mother and the confidence she gained from the workshop helped her push through her doubts.

Visiting places like Pharping, Dakshinkali Temple and Patan Museum sparked interest and curiosity in her. It also gave her the confidence to reflect on her own experiences. She started writing about the artifacts, statues as well as her journey recording the lessons she had learned and how her fears had faded. By the end of the trip, she felt ready to speak up not just for herself but for others as well. Her newfound confidence encouraged her to share her knowledge with other girls in her community. She knew that as the youngest, her perspective mattered just as much as anyone else's and she is no longer afraid to speak out.



Sanukanchhi Syangtan is a 2024 Her Turn Graduate from Shree Adarsha Secondary School, Dhading.

# Financial Summary

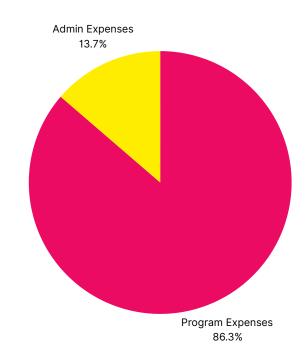
Iln 2024, our annual revenue reached NPR 23,828,701.58. This was made possible through the generous support of our funding partners: The Tides Foundation, Fondation Chanel, ONGD-FNEL, The Obama Foundation, and The Global Fund for Women.

We extend our heartfelt gratitude to all of you—not only for your financial contributions but also for the invaluable resources you have shared with us. Your support for organizational strengthening, collaboration with like-minded organizations, and the creation of platforms to showcase our work and advocacy efforts has been instrumental.

We are especially grateful for your ongoing check-ins and for prioritizing the well-being of our staff. Every form of support has been deeply valued and has made a meaningful difference in our journey.

Program Expenses: NPR 20,568,454.44 (86.32%)

Admin Expenses: NPR 3,260,247.14 (13.68%)



# Challenges & Lessons Learned

Over the past year, we faced several challenges that tested our resilience and adaptability. Each challenge brought valuable lessons that continue to shape and strengthen our work. Here are a few of the key challenges we encountered and the lessons we learned along the way:

### Limited resources in rural communities

Meeting the growing demand for our programs in remote districts remained a significant challenge. Inadequate infrastructure, transportation difficulties, and limited access to technology often hindered effective delivery and followup.

### Deep-rooted social norms and resistance to change

Tackling issues like gender inequality and early marriage continued to be met with resistance in some communities. Changing long-standing beliefs and practices takes time, patience, and repeated engagement.

# Lack of space for reflection and celebration

The fast-paced nature of our work left little time to pause and reflect. As a result, important achievements sometimes went unrecognized, overshadowed by ongoing challenges and new demands.

# **Uncertainty around program impact**

There were moments of frustration and doubt when the outcomes of our interventions weren't immediately visible. Measuring impact in the short term, especially in complex social issues, often proved difficult.

### Increased risk due to natural hazards

Many of our program sites outside the Kathmandu Valley become difficult to access, especially during the monsoon season. Travel risks during this time heightened safety concerns for both staff and participants.

### **Lessons Learned**

### **Every small change counts**

Even when progress feels slow, seemingly small shifts—like a girl finding her voice or a family delaying a marriage—are powerful signs of transformation and hope.

## Listening is leadership

Deep listening and creating safe, trusting spaces for adolescents to share their experiences continues to be one of the most impactful elements of our work. Their voices shape our approach and drive relevance.

## Adaptability enhances impact

Flexibility in program design and implementation has been essential. Our willingness to adjust plans, learn from challenges, and stay responsive to the context has helped us grow and improve.

## Adolescents are leading the way

Time and again, adolescents have shown that with the right support and opportunities, they can lead powerful change in their communities. Their leadership is not the future—it's already here.

# **Looking Ahead**

As we step into 2025, we are mindful of the evolving landscape of the nonprofit sector, especially following the recent announcement of the U.S. government's decision to wind down or stop certain areas of support. This shift has created ripples across civil society, especially in countries like Nepal, where many grassroots organizations have long relied on such funding to reach the most marginalized. While this brings uncertainty, it also calls us to be more intentional, collaborative, and innovative in how we sustain our work. At Hamro Palo, we are committed to deepening our local partnerships, diversifying our funding sources, and advocating for continued investment in adolescent girls and youth leadership. Change is never easy, but it is also an opportunity to reimagine how we move forward—stronger, more rooted, and even more focused on impact.

# Acknowledgement

At the heart of Hamro Palo's journey are the people and partnerships that make everything possible. We are deeply grateful to our local partners, whose trust and collaboration ground our work in the realities of each community.

To the Rural/Municipalities and district leaders who support and recognize the importance of investing in young people—thank you for your continued partnership and openness to change.

To the Schools, Teachers, and Local Youth Leaders as our trainers who open their doors and hearts to our programs—thank you for believing in the power of informed and empowered adolescents.

To the Adolescents we work with—you are our greatest inspiration. Your courage, questions, dreams, and leadership light the way forward. We see you, we believe in you, and we walk beside you.

To our Funding Partners, who not only provide resources but also share in our vision for a just, inclusive, and equitable world—your support makes our work possible.

To the Hamro Palo team—each one of you brings heart, strength, and an unshakable commitment to this mission. Through every challenge and every success, you continue to show up, and that means everything.

With each of you by our side, we are not only shaping programs—we are shaping possibilities. Thank you for being part of this movement.



hamropalo.org.np