



हाम्रो पालो
our turn

educated empowered equal

ANNUAL REPORT

2025





Message from the Executive Director

Dear friends and supporters,

As I reflect on this past year, I also find myself thinking about a much longer journey. This year, Hamro Palo marks its 10th anniversary—a milestone that reflects a decade of collective commitment, persistence, and the strength of girls' voices in advancing Gender Equality.

We began with a simple idea: every girl deserves the opportunity to make informed choices about her life. Starting this work in the aftermath of the 2015 earthquake was not easy. The geography, limited resources, and competing community priorities presented significant challenges. However, we remained committed, and over time, that idea has grown through the voices and leadership of girls themselves. Over the past ten years, we have reached multiple districts and worked with around 20,000 adolescents and young people. We have witnessed girls speak up where silence was expected, challenge gender norms, and return as leaders in their communities—reminding us that achieving gender equality is a long-term process, but meaningful change is possible.

This journey has also required us to navigate uncertainty. The 2020 pandemic disrupted our work, and floods and landslides in partner communities demanded constant adaptation. What sustained us throughout has been the resilience of the girls, who continue to show up with strength and determination despite daily challenges and discrimination.

As we look ahead, we aim to deepen our work in communities where girls face the greatest barriers to gender equality. To our partners, adolescents, and team at Hamro Palo—thank you for your trust, collaboration, and commitment. There is still much to be done, and we hope you will continue to stand with us in this next chapter.

With gratitude,
Anita

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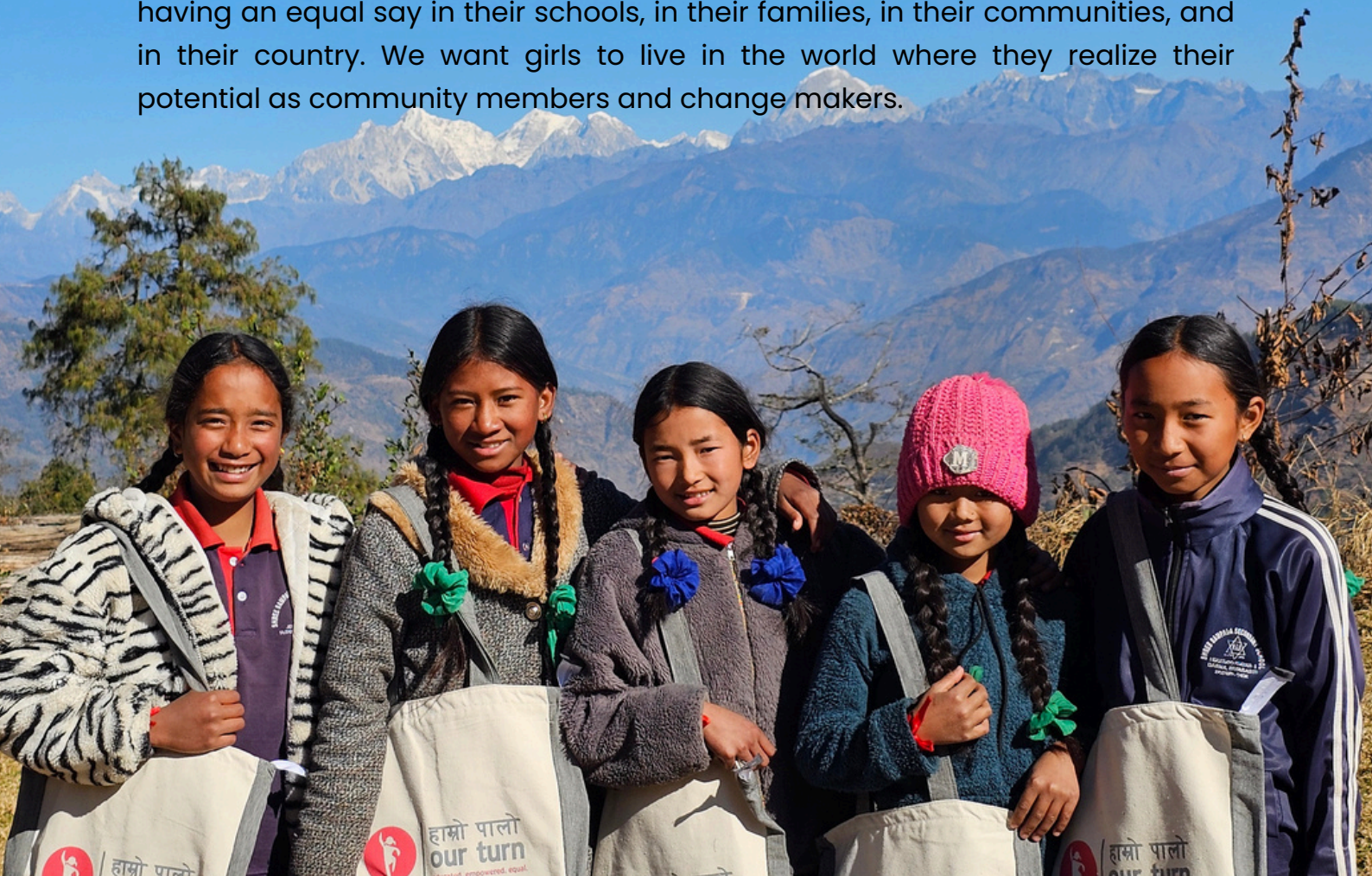
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About Us

Hamro Palo (Our Turn in Nepali) is a non-government organization established in early 2016. Before the registration, Hamro Palo had been running Her Turn workshops in schools in remote and rural villages of Gorkha and Sindhupalchok districts under fiscal sponsorship of like-minded organizations.

Hamro Palo's mission is to empower adolescent girls, boys and women and equip them with skills and knowledge that allow them to create their own safe and healthy futures. We do so by delivering culturally sensitive services that advance adolescents' health, safety, confidence, and leadership skills.

We envision Nepali girls having access to education and information and having an equal say in their schools, in their families, in their communities, and in their country. We want girls to live in the world where they realize their potential as community members and change makers.



Impact & Data

In 2025, Hamro Palo maintained its efforts in established districts such as Nuwakot, Dhading, Sindhupalchowk, Dolakha, and Kathmandu, collaborating with both municipalities and rural municipalities. We continued to roll out our flagship initiatives—the Her Turn Education and Empowerment Program and the His Chance Education and Empowerment Program—targeting rural adolescent girls and boys in Dhading, Sindhupalchowk, Nuwakot, and Dolakha.

This year, our efforts centered on promoting the mental well-being of adolescents and young women. We introduced a variety of programs, including the creation of user-friendly handbooks designed to improve individual mental wellness. Furthermore, we expanded our women's leadership program for young women in eastern Nepal and launched two new initiatives focused on leadership: LEAD WithiN for young women and HER Time is NOW for adolescent girls.



2025 in Review	
Districts	5
Rural/Municipalities	7
Community Schools Partnerships	24
Adolescent Girls	1153
Adolescent Boys	578
Young People	643


Impact & Data

Measuring impact remains one of the most challenging aspects of our work. We work with adolescents in rural contexts where deeply rooted gender and social norms, along with harmful practices such as early and child marriage and caste-based discrimination, continue to shape everyday realities.

Despite these complexities, we are continually encouraged by the changes we see among adolescents—especially girls. We are grateful to them for taking small but meaningful steps that signal shifts in behavior and mindset.

These changes are reflected in how girls are beginning to challenge social and gender norms in their own ways—by starting conversations, asking critical questions, making informed choices, taking care of themselves, and prioritizing their mental well-being. While these changes may seem incremental, they are significant indicators of growing confidence, agency, and decision-making power.

Over the past year, we have observed the following areas of impact:

-  Girls are becoming more visible and valued in discussions at home, in schools, and within their communities. Many share that they now feel heard and respected.
-  Girls are not only speaking up but increasingly taking initiative—leading discussions, organizing activities, and influencing decisions within their schools and communities.
-  Adolescents, particularly girls, are demonstrating greater confidence and stronger decision-making abilities, making informed choices about their education, health, and future, even within constrained environments.
-  The importance of girls' human rights is gaining traction in public discourse, media, and policy conversations, thanks in part to the collective efforts of various organizations.
-  Menstrual restrictions and practices such as child marriage are no longer as hidden or unquestioned. Communities are increasingly open to discussing their long-term impact on girls' education, health, and well-being.
-  We are seeing the emergence of peer support systems, where girls are not acting alone but collectively supporting one another to challenge harmful norms and stay in school.

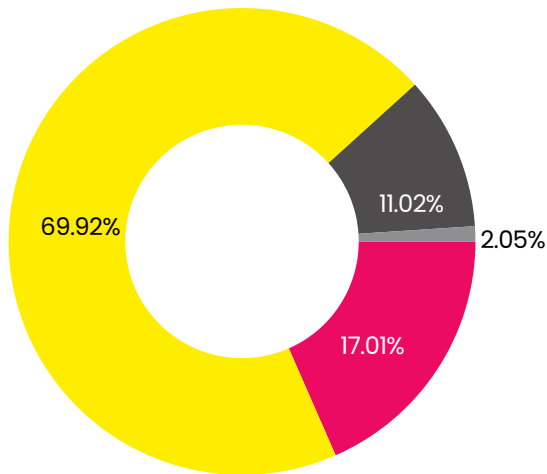
In 2025, we not only maintained our flagship programs but also introduced new initiatives tailored for adolescents and youth, especially young women, through a range of activities across various districts in Nepal.

ACTIVITIES	TOTAL REACH
In School Programs	156 programs
In School Programs Alumni	925 Graduates
Teachers Training & Meet	82 Teachers
Adolescents Led Committees	43 Committees
Mentorship Program Participants	1715 Participants
Celebrations & Advocacy Initiatives	10 Initiatives

Rooted in our Gender Transformative and Inclusive Approach, we made deliberate efforts to reach the most marginalized groups and also the underserved regions. In 2025, we had the opportunity to work closely with adolescent girls and boys who come from diverse ethnicities and communities. The data below shows the ethnic composition of adolescent girls and boys from our in school workshops- Her Turn Education and Empowerment Program, His Chance Education and Empowerment Program and SRHR workshops.

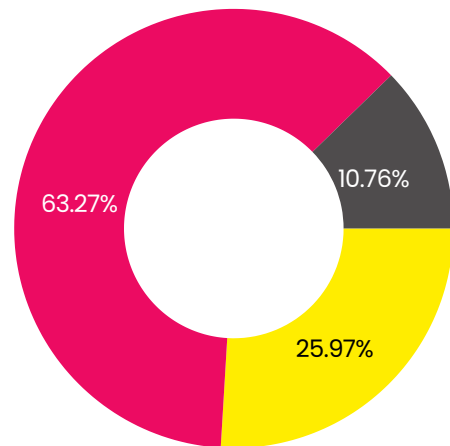


Adolescent Girls/ Young Women



- Ethnic groups
- Chhetri/Brahmin
- Dalit
- Others

Adolescent Boys/ Young Men



- Ethnic groups
- Chhetri/Brahmin
- Dalit



Program Highlights

A. Our Flagship Programs in Action

Her Turn Education and Empowerment Program

By the end of 2025, the Her Turn Education and Empowerment Program remains our flagship initiative—the program that gave birth to Hamro Palo. Since its inception, it has supported the graduation of over 10,000 adolescent girls. Through more than 500 in-school programs, we have strengthened our growing Her Turn community in partnership with over 150 schools across different districts.



A key strength of the program continues to be its local leadership model. The program is implemented through a combination of Training of Trainers, curriculum-based workshops, interactive sessions with girls, group activities, meals, project-based learning, presentations, and mentorship. These sessions are facilitated by young women from the same communities as the participants, ensuring strong contextual relevance and relatability.

The Her Turn curriculum focuses on building knowledge and awareness in key areas, including menstrual health and hygiene, nutrition, and protection issues such as domestic violence, sexual abuse, human trafficking, and early marriage. It also emphasizes leadership and life skills development, enabling girls to take more active roles within their schools, families, and communities.

One of the most significant outcomes continues to be the visible growth in confidence, voice, and leadership demonstrated by the participants. By the end of the workshops, particularly during closing ceremonies led by the girls themselves, this transformation becomes clearly evident.

“ My favorite part of the program was learning about mensuration, human trafficking, and sexual abuse, especially topics relevant to girls my age. I also wanted to explore social media's utilization. The trainer was kind and explained everything clearly, ensuring we understood. I shared my learnings with my grandmother, who was pleased with my insights. A major takeaway was understanding how to use and dispose of sanitary pads and maintain menstrual hygiene. The knowledge gained will be valuable, as many discussed topics like human trafficking and leadership aren't typically covered in school.



Neelam Tamang
Shree Sansarimai Secondary School
Sindhupalchowk

His Chance Education and Empowerment Program

Just as the Her Turn Education and Empowerment Program, the His Chance Education and Empowerment Program is one of our core initiatives, designed for rural adolescent boys aged 12–16 years in community schools across various districts. By 2025, around 3,000 adolescent boys have graduated from the program.

The 15-day His Chance Workshop focuses on health-related issues such as puberty, hygiene, and menstrual health awareness, as well as safety issues including bullying, harassment, human trafficking, and early marriage. The program is grounded in a gender-transformative approach that encourages critical reflection on power dynamics within their communities, how these shape their lives, and how boys can actively contribute as allies in advancing social change.



The enthusiasm and commitment of adolescent boys to work alongside girls in their schools and communities continues to be deeply encouraging. Their collective leadership is particularly visible during the closing ceremonies, where they bring forward important issues affecting their lives—such as child marriage, substance abuse, and gender-based violence—through powerful creative expressions including poems, drama, and storytelling.

These moments consistently demonstrate that when adolescents are provided with the right platform and support, they are capable of leading meaningful change. Their willingness to co-lead and support one another remains both powerful and deeply inspiring.

“

My name is Sujan Tamang, a 14-year-old in Grade 8 participating in the His Chance Education and Empowerment Program. The workshop, especially the session on future aims, inspired me to set goals and improve myself. I found the discussions on adolescence essential for understanding my changes. I'm keen to learn about violence, substance abuse, and discrimination, applying my knowledge in daily life, like practicing cleanliness and avoiding substances. I aspire to promote respect and fairness, advocate for girls' education, and emphasize skills training. I'm grateful to Hamro Palo for this enriching program that has imparted valuable lessons for my future.

”



Sujan Tamang
Shree Nabasanjeebani Secondary
School, Nuwakot

Refresher Workshops in Schools

Following several months of participation in the Her Turn and His Chance Education and Empowerment programs, graduates attend refresher workshops. These workshops include additional content on topics such as leadership, mental well-being, and more.

B. HEALTH AND WELL-BEING

Sexual & Reproductive Health and Rights (SRHR)

The **‘मेरो स्वास्थ्य’** program focuses on sexual and reproductive health and rights (SRHR) for adolescent girls. Based on the feedback and needs expressed by the girls themselves, we introduced this program through school-based workshops in community schools in Kathmandu. In 2025, a total of 254 adolescent girls from five community schools participated in the SRHR in-school program.

The workshops provided girls with comprehensive knowledge and information on sexual and reproductive health and rights. Key topics included menstrual hygiene, unintended pregnancy, sexually transmitted infections, gender-based violence, and positive sexual health practices. This holistic SRHR education supported girls to better understand the physical, emotional, and social changes they experience during adolescence, while also enabling them to make informed decisions about their bodies, relationships, and futures.

From 24-26, July 2025, we also hosted SRHR conference for the program graduates inviting participants from Kathmandu, Dolakha and Sindhupalchowk districts.



Mental Well-being: Workshops, Handbook & Conference

Mental well-being remains one of our key areas of focus as young people continue to navigate everyday life challenges. In 2025, we organized mental well-being spotlight workshops for 300 young women across 10 colleges, engaging experts in the field to lead these sessions and create safe spaces for dialogue, reflection, and learning.

Recognizing the limited access to mental health information and support for adolescents, we also developed a mental well-being handbook in simple language, including easy-to-follow worksheets, practical guidance, and referral information to help adolescents better understand and manage their mental health in daily life. The handbook has been well received by the adolescents, and we plan to expand its reach to more schools and adolescents in the coming year.



C. TEACHERS AND SCHOOL COMMUNITY

Teachers' Training

Introduced in 2024, our teacher training program engages educators from partner community schools in Sindhupalchowk, Nuwakot, and Kathmandu. Building on this foundation, in 2025 we further strengthened the initiative by inviting education experts to travel with us to rural communities and provide on-site training to teachers in two schools in Nuwakot district. The training focused on key issues such as mental health, corporal punishment, gender-based violence, gender sensitivity, and early marriage. It also emphasized the critical role of teachers in creating safe, inclusive, and child-friendly learning environments that support the well-being and development of all students.

Annual Teachers Meet

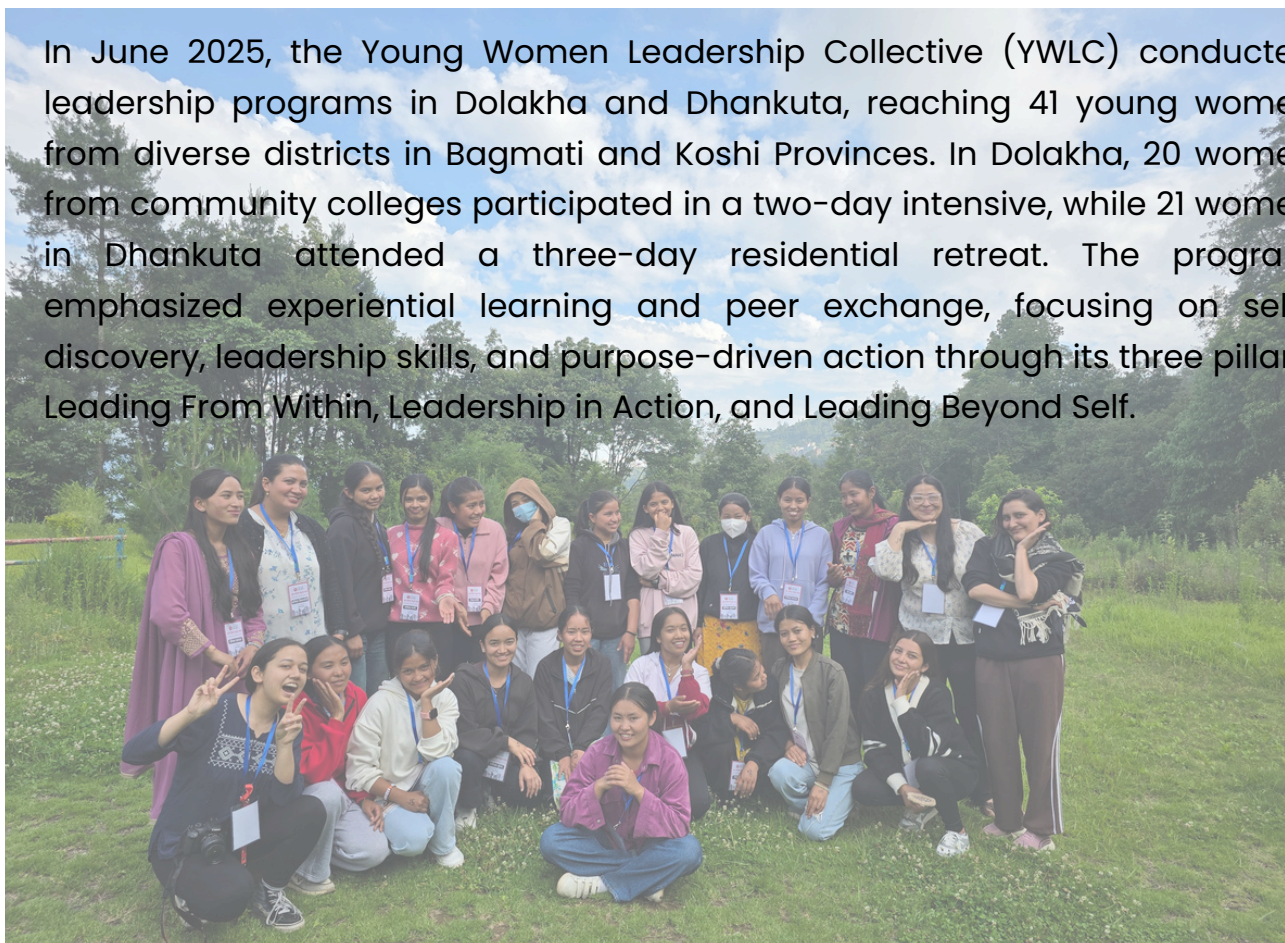
Hamro Palo organized the Annual Teacher's Meet on 27 December 2025 in Kathmandu, bringing together 29 teachers from 28 schools across Dolakha, Sindhupalchowk, Dhading, Nuwakot, and Kathmandu, representing both community and private schools. The meet was held to recognize and celebrate teachers' contributions, particularly in rural and community school settings, and to provide a platform for learning, reflection, and collaboration among educators and education-focused organizations.



C. MENTORSHIP PROGRAMS

Young Women Leadership Collective

In June 2025, the Young Women Leadership Collective (YWLC) conducted leadership programs in Dolakha and Dhankuta, reaching 41 young women from diverse districts in Bagmati and Koshi Provinces. In Dolakha, 20 women from community colleges participated in a two-day intensive, while 21 women in Dhankuta attended a three-day residential retreat. The program emphasized experiential learning and peer exchange, focusing on self-discovery, leadership skills, and purpose-driven action through its three pillars: Leading From Within, Leadership in Action, and Leading Beyond Self.



Mentorship on the Move

In a patriarchal society, girls' mobility and travel are often restricted and controlled due to a range of factors, including financial barriers, social norms, and safety concerns. These limitations place a significant burden on girls and continue to challenge their right to freely explore, move, and learn beyond their immediate surroundings. Recognizing travel as a powerful tool for empowerment, education, and personal growth, we launched Girls Travel as a new initiative this year.

Building on its introduction in 2024, we continued to strengthen the initiative in 2025 through structured learning journeys. From 28–31 October 2025, we organized a “mentorship on the move” experience, bringing together six young women mentors who travelled with the girls to Pokhara. Later, in 25–28 October, another group of girls visited Kathmandu, where they engaged with different organizations, and explored historical and cultural sites as part of their learning experience.

D. ADVANCING GIRL-LED LEADERSHIP

Strategic Planning Workshops

In 2025, Hamro Palo also organized strategic planning workshops with adolescent girls to strengthen their role in shaping the direction of our programs and broader initiatives. These workshops created structured spaces for girls to reflect on their experiences, identify key issues affecting their lives, and contribute ideas on priorities for future programming.

Through facilitated discussions and participatory exercises, girls shared insights on education, safety, leadership opportunities, and community challenges, helping to inform our organizational planning in a more grounded and responsive way. The workshops reinforced our commitment to centering adolescent voices not only in program implementation, but also in strategic decision-making, ensuring that our work remains relevant, inclusive, and driven by their lived realities.



On April 9-10, 2025, the 8th Annual Girl-led Leadership Conference took place in Kathmandu themed "Adolescent Voices: Shaping our Future." The event gathered 68 adolescents and 7 trainers from community schools across five districts. It served as a platform for sharing experiences and envisioning a gender-equal world through interactive workshops on health, digital literacy, leadership, and advocacy.

Participants also developed action plans to strengthen Girls Support Committees and School Support Committees. They envisioned a world with equal access to education and safety, free from harmful practices and stereotypes.

E. LEADERSHIP DEVELOPMENT PROGRAMS

Life Skills Education Program with Adolescents

The Life Skills Education Program was conducted as a two-day training in 2025 for Grade 11 and 12 students from partner schools, focusing on strengthening essential life skills such as communication, confidence, decision-making, leadership, and self-awareness. Through interactive and participatory activities—including self-identity exercises, group rule setting, whisper chain communication games, storytelling, and confidence-building reflections—students were encouraged to explore their strengths, understand their fears, and develop practical strategies to overcome self-doubt. The sessions created a safe and engaging learning space where young people reflected on their personal experiences, practiced expressing themselves, and built trust and collaboration with their peers. Overall, the program supported adolescents to strengthen self-confidence, improve communication skills, and recognize their potential to make informed decisions and contribute positively in their schools and communities.

LEAD WithIN

When we started the LEAD WithIN project in the second half of 2025, our goal was to reflect on the very idea of self-leadership and its various dynamics—knowledge, skills, opportunities, platforms, allies, and supportive environments.

124 young women had joined us across five different cohorts in Kathmandu and Sindhupalchowk. This initiative is designed to spark a conversation on women's leadership, beginning with the self. Too often, women are sidelined despite their enormous potential. Through LEAD WithIN, we aimed for young women to recognize their own potential, take leadership of themselves first, and in doing so, naturally lead the causes and institutions they care about.

Her Time is NOW

Building on initiatives such as Her Turn Education and Empowerment, mentorship programs, Girls in Sports, SRHR workshops, and Girls Travel, we continue to create opportunities for girls to grow, lead, and thrive.

We introduced the Her Time is NOW program with a focus on self-leadership during adolescence, grounded in the belief that leadership begins with the self. The program aims to strengthen self-awareness, confidence, and decision-making among adolescents, while also engaging families and communities to support girls' rights. It positions girls as key social capital and supports them to become active contributors to their schools and society.

F. CELEBRATION OF EMPOWERMENT AND RIGHTS

International Day of the Girl 2025

In collaboration with Kalashala Nepal, we celebrated the International Day of the Girl Child Day with an immersive art workshop designed to inspire self-expression and reflection. Through creative activities focused on understanding one's five senses, connecting with the environment, and recognizing personal strengths and power, participants explored the essence of confidence, awareness, and empowerment.

This celebration served as a reminder of the importance of nurturing spaces where girls can express, discover, and lead with creativity and courage.

"Each of us hold the power within ourselves to speak against injustices in the communities. The collective power has immense potential to generate solutions for any issues raised in the schools & communities."

Sujana Tamang, Her Turn program alumna



International Day of the Girl 2025

The girl I am, the change I lead



G. SCHOOLS SUPPORT PROGRAM

Scholarships

Hamro Palo provides scholarships to adolescent girls who require financial support to continue their education. These scholarships are designed to address key barriers such as the cost of educational materials, coaching fees, and basic living expenses, which often prevent girls from pursuing higher education. Through this support, we aim to ensure that financial constraints do not become a reason for girls to discontinue their studies.

In Dolakha district, we have also provided scholarships to 10 students to support their education in residential schools, as part of a broader initiative to enable schools to invite and support students from different parts of Nepal.

Community School Award



Extracurricular activities are an important part of school life, and we are pleased to have supported Shree Kalinchowk Secondary School, Dolakha, and Shree Maheshdharma Secondary School, Dhading, with NPR 100,000 each through the Community School Award. This support is intended as a small contribution to strengthen initiatives in community schools and enhance learning opportunities for students. Both of these schools have previously implemented the Her Turn and His Chance programs.

School Excursion



We provided schools in rural villages with limited resources an opportunity to take students on an educational excursion focused on learning, exposure, and personal development beyond the classroom. This initiative is important because it helps bridge the gap between theoretical knowledge and real-world experiences, particularly for students who have limited access to travel, cultural exposure, and diverse learning environments. Such experiences play a key role in broadening students' perspectives, building confidence, and nurturing curiosity about the world around them.

The visit combined cultural exploration with experiential learning as students were taken to various national heritage sites, organizations, and learning spaces. The program also included problem-solving and team-building activities designed to strengthen critical thinking, collaboration, and decision-making skills. For many participants, this was their first visit outside their immediate surroundings, transforming textbook learning into lived experience and helping to build confidence, curiosity, and a broader worldview.

A Her Turn Testimony

My name is Smriti, and I am 15 years old. I live in Jethal, Sindhupalchowk and every day I walk one and a half hours to reach my school. The journey is not easy. I walk uphill, through jungle paths, and then downhill, but I am determined to attend the Her Turn Education and Empowerment Program that starts at 7 AM every morning.

Being part of the Her Turn program has changed me in many ways. I have learned about menstruation, discrimination, human trafficking, self-confidence, and leadership, things I did not fully understand before. One of the most meaningful parts for me was the formation of the Girls Support Committee on the 13th day. I felt inspired by the idea and motivated to be part of it.

Before this, one of my friends faced abuse and harassment in our previous school. We did not know what to do and could not report it or support her. I still feel regret when I think about it. At that time, we lacked awareness and were too afraid. Now, things feel different. I have learned the importance of expressing my opinions. It has given me the confidence to stand up for myself and share my thoughts. I also understand that abuse is never the survivor's fault, and no one should feel ashamed to ask for help.

Today, I feel hopeful. I want to help create a safe and supportive space for myself and my friends at school. As a member of the Girls Support Committee, I am committed to speaking up and supporting others.

**Smriti Shrestha, Grade 9, Shree Sampada
Secondary School, Sindhupalchowk**



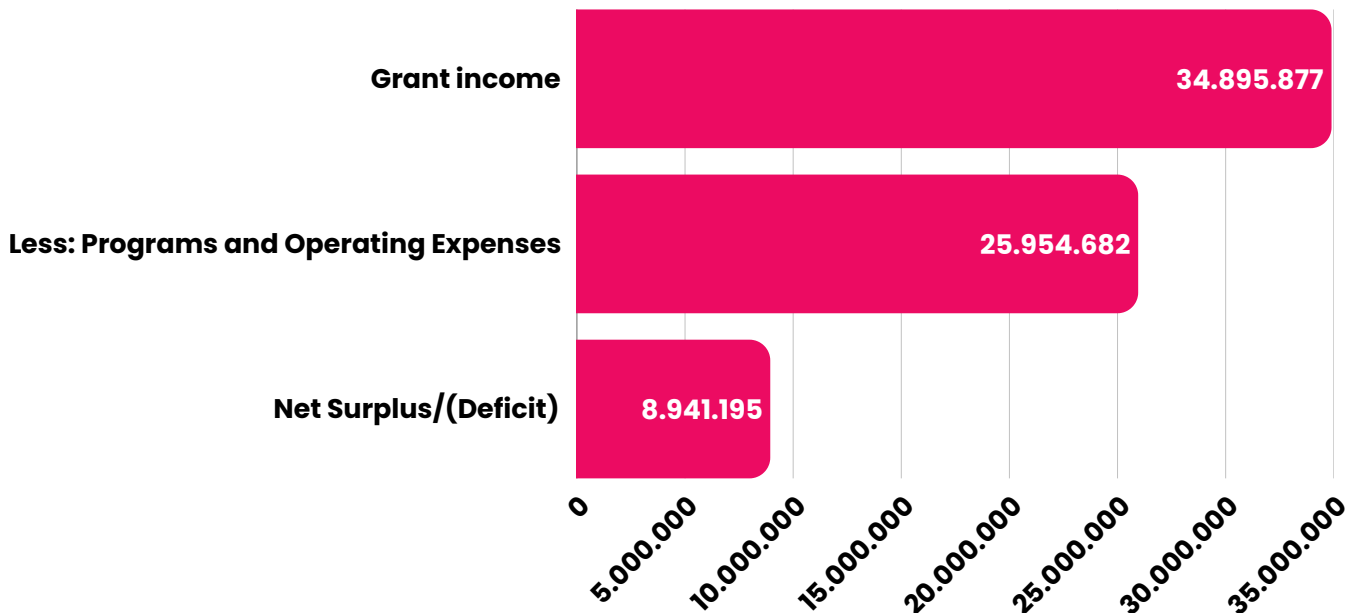
Financials

In 2025, our total annual spending amounted to NPR 25,954,682, made possible by the generous contributions of our funding partners: The Tides Foundation, Fondation Chanel, and ONGD-FNEL.

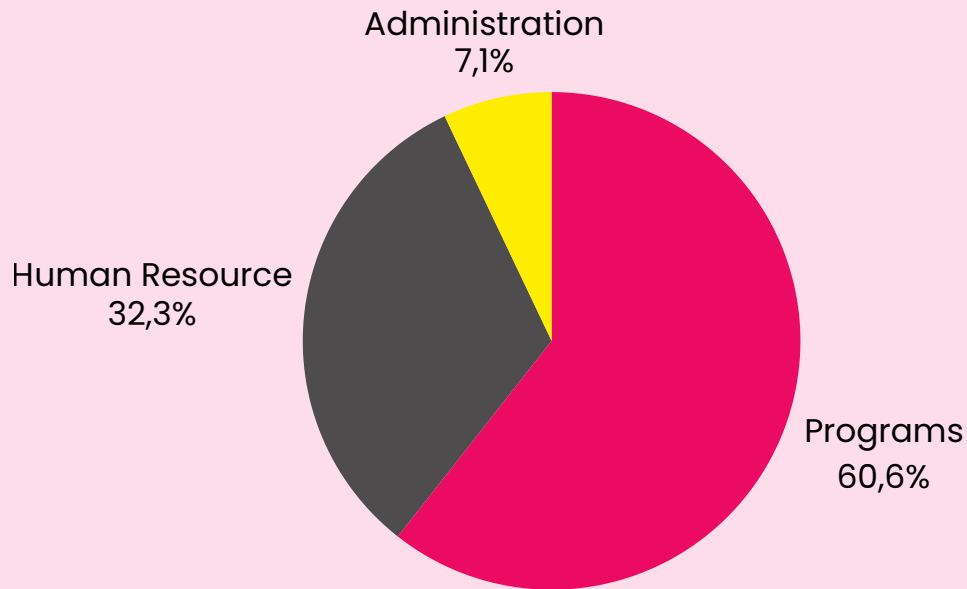
We are deeply thankful for your support—not only financially, but also for the knowledge, resources, and opportunities you have shared with us. Your commitment to strengthening our organization, fostering collaboration with others in the sector, and creating spaces to amplify our work and advocacy has been incredibly important.

We also truly appreciate your consistent engagement and the care you show for the well-being of our team. Every form of support has been meaningful and has played a significant role in our journey.

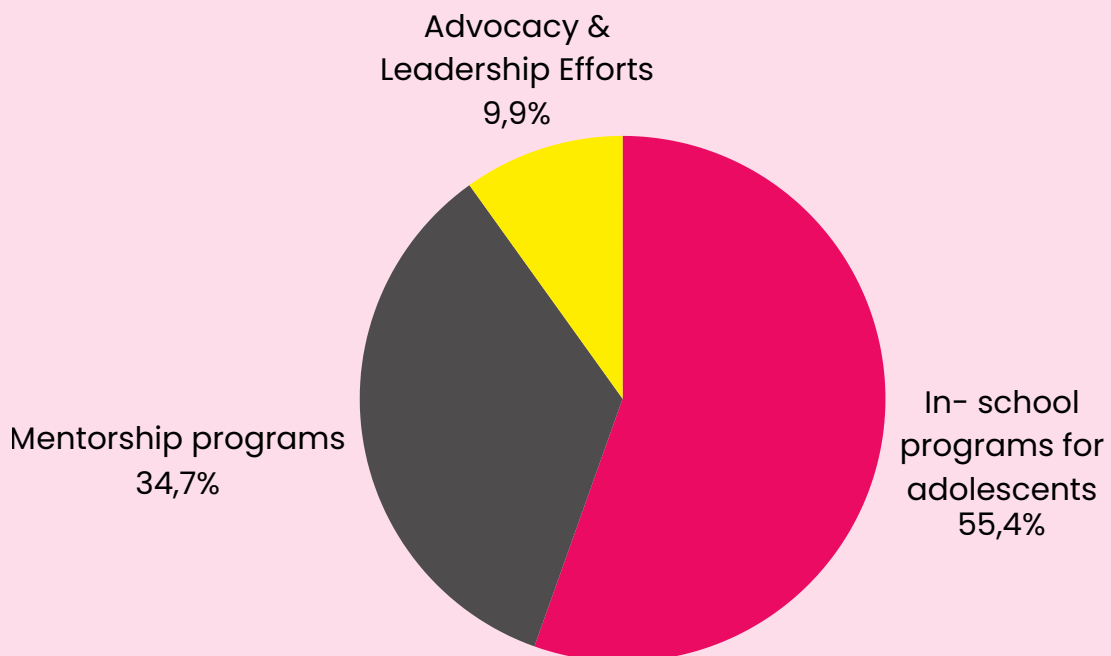
Income & Expenditure Summary













WHERE YOUR SUPPORT GOES



SHARE OF PROGRAMS



Progress Achieved

-  100% of participants reported improved understanding of human rights.
-  71% of girls reported improved decision-making skills at home and school, with greater attention to their education and health.
-  100% of girls recognized gender disparities, while 43% have actively begun challenging traditional gender roles and norms, a promising start given the influence of family, societal, and school contexts.
-  96.27% of girls demonstrated increased understanding of early and child marriage, including legal implications and its impact on girls' lives.
-  87.13% of girls reported increased confidence to express themselves, seek help, and speak out against discrimination and harmful practices.
-  By the end of 2025, school-reported dropout rates in 11 partner schools showed improvement compared to 2024: 2–4% in 3 schools, 5–7% in 4 schools, 15% in 4 schools.
This reflects a decrease from baseline dropout rates of 12–26% in 2024.
-  100% of boys showed improved understanding of gender dynamics, demonstrating greater empathy, respect, and support for gender equality.
-  79% of boys developed stronger leadership skills and actively engaged in their communities to advocate for and support girls.
-  83.12% of boys increased awareness of safety issues, including human trafficking and early marriage, contributing to safer communities. 89.27% demonstrated greater knowledge of early and child marriage, including legal implications and its impact on girls' lives.
-  Boys showed improved understanding of gender norms, increasingly supporting girls' rights and challenging harmful practices.

Challenges & Lessons Learned

Over the past year, many of the contextual challenges we work within remained consistent, particularly in relation to geography, social norms, and system-level constraints. However, our experience of these challenges deepened, offering clearer insights into what it takes to sustain meaningful change. Below are some of the key reflections from this year:

Access and equity in remote contexts

While limited infrastructure continued to affect program delivery in rural areas, we recognized that the challenge is not only access, but sustained engagement over time. Building consistent presence in these communities remains essential for meaningful impact.

Persistence of social norms and gradual change processes

Deep-rooted norms around gender roles, early marriage, and adolescent autonomy continue to shape community responses. This year reinforced that norm change requires long-term trust-building and engagement across multiple layers of the community.

Balancing delivery with reflection

The pace of implementation continued to be demanding, often limiting time for structured reflection. However, we are increasingly aware that creating intentional space to pause, learn, and document is critical for improving both quality and coherence of our work.

Understanding impact beyond immediate outcomes

We continued to experience the challenge of measuring change within short timeframes, particularly in complex social transformation work. This has reinforced the importance of combining quantitative outputs with longer-term qualitative shifts in attitudes and behaviors.

Working in climate-affected and risk-prone areas

Seasonal hazards and climate-related disruptions continued to affect program continuity and mobility. This has highlighted the need for stronger preparedness, flexibility in implementation, and increased attention to safety considerations.

Lessons Learned

Listening is leadership

Deep listening and creating safe, trusting spaces for adolescents to share their experiences continues to be one of the most impactful elements of our work. Their voices shape our approach and drive relevance.

Trust takes time, but enables real change

We learned that building trust with communities, families, and institutions is not immediate, but it is foundational to shifting norms around gender equality and adolescent rights.

Adaptability enhances impact

Flexibility in program design and implementation has been essential. Our willingness to adjust plans, learn from challenges, and stay responsive to the context has helped us grow and improve.

Systems engagement is essential for scale

We learned that working in isolation limits impact. Stronger engagement with local government systems, schools, and community structures is key to scaling and sustaining change for adolescent girls.

Looking Ahead

As we step into 2026, we do so with hope, shaped by the recent political changes, and with a renewed commitment to contribute to the priorities and visions of the federal, provincial, and local governments. We see this as an important opportunity to strengthen collaboration between civil society and public systems, ensuring that adolescent girls and young people remain central to development efforts.

At Hamro Palo, we are committed to deepening our local partnerships, diversifying our funding sources, and continuing our advocacy for sustained investment in adolescent girls and youth leadership. We also aim to strengthen our programs to ensure they remain responsive, evidence-based, and rooted in the realities of the communities we serve.

Change requires effort and persistence, yet it also creates opportunities for renewed clarity, resilience, and purpose as we move forward.

Acknowledgement

Hamro Palo's journey has been shaped by the people who have walked alongside us. It is through these relationships that our work has grown, stayed grounded, and remained meaningful.

We are grateful to our local partners for anchoring this work in the realities of their communities. To Rural and Municipal leaders, thank you for continuing to recognize the importance of investing in young people and for your willingness to engage with change.

We appreciate the schools, teachers, and local youth leaders who have welcomed us into their spaces and trusted adolescents with new opportunities to learn and lead.

To the adolescents we work with—you are at the center of everything we do. Your voices, your questions, and your determination continue to shape our direction and remind us why this work matters.

To our funding partners, thank you for standing with us in this vision of a more just and gender-equal society.

And to the Hamro Palo team—your commitment, care, and persistence carry this work forward every day.

Together, we are not only implementing programs—we are supporting a longer journey of change.



hamropalo.org.np